

ANKENY
Tuesday 7:30-8:30PM Miracles off First Street (O) 511 SW 2nd St, Ankeny, IA, 50023
DES MOINES
Sunday 10-11AM Raw & Real (WC,NS) RiSE Recovery Center, 3120 SW 9th St, Des Moines, IA, 50315
Sunday 11-12PM The Journey Continues Iowa Luthern Hospital, B level cafeteria, 700 E University Ave, Des Moines, Iowa, 50316
Sunday NOON-1PM NA Staying in the Moment (VM) Des Moines, IA,
Sunday 7-8PM Basic Meditation (O,WC,NS) Unity Church of Des Moines, 414 31st St, Des Moines, IA, 50312
Sunday 7-8PM Eastside Recovery (O,WC,NS) Experience Church, 2559 E Euclid St, Des Moines, IA, 50317
Sunday 7-8PM Sunday Night NA (O,WC,NS) In the main conference room, 1761 Hickman Rd, Des Moines, IA, 50314
Monday NOON-1PM Found a Way Out (O,WC) Lutheran Church of Hope & Elim, 3rd floor of church RM 306, 2500 University Ave, Des Moines, IA, 50311
Monday NOON-1PM NA Staying in the Moment (VM) Des Moines, IA,
Monday 6-7PM Bad Company Full Circle Recovery Community Center, 5601 Douglas Avenue, Des Moines, Iowa, 50010
Monday 6:45-8PM Addicts for Addicts (O) Capitol Hill Christian Church, 3322 E 25th St, Des Moines, IA, 50317
Tuesday NOON-1PM NA Staying in the Moment (VM) Des Moines, IA,
Tuesday 6:30-7:30PM Unity in Action (CL,CW) Revival Church, 3816 36th St, Des Moines, IA, 50310
Wednesday NOON-1PM Found a Way Out (O) Lutheran Church of Hope & Elim, 3rd floor of church, RM 308, 2500 University Ave, Des Moines, IA, 50311
Wednesday NOON-1PM NA Staying in the Moment (VM) Des Moines, IA,
Wednesday 6:30-7:30PM Living Clean (C) Iowa Lutheran Hospital, Conference room A (basement) 700 E University Ave, Des Moines, IA, 50316
Wednesday 6:30-7:30PM Stepping Into Traditions (St,TW) The Well Covenant Church, Enter toward East Side of Building, 2625 Hubbell Ave, Des Moines, IA, 50317
Thursday NOON-1PM Staying in the Moment (VM) Des Moines, IA,

DES MOINES (CONT)
Thursday 6:30-7:30PM Off the Chain Outlaws (NS) Revival Church, 3816 36th St, Des Moines, IA, 50310
Thursday 7-8PM Closed for Repairs (C) Easton Place Methodist Church, In basement, use North entrance, 2412 Easton Blvd, Des Moines, IA, 50317
Friday NOON-1PM Found a Way Out (O) Lutheran Church of Hope & Elim, 2nd floor of church RM 201, 2500 University Ave, Des Moines, IA, 50311
Friday NOON-1PM NA Staying in the Moment (VM) Des Moines, IA,
Friday 6:30-7:30PM Off the Chain Revival Church, 3816 36th St, Des Moines, IA, 50310
Friday 7:30-8:30PM New Beginnings (O) RiSE Recovery Center, 3120 SW 9th St, Des Moines, IA, 50315
Saturday 10-11AM Basic Text Study (BT,O,BK,WEB) Community of Christ, 3003 62nd St, Des Moines, IA, 50322
Saturday NOON-1PM NA Staying in the Moment (VM) Des Moines, IA,
Saturday 6:30-7:30PM Saturday Night Downtown (O,CW) The Salvation Army Adult Rehabilitation Center, Front Entrance, Park behind the building, Children Welcome, 133 E 2nd Street, Des Moines, 50309
Saturday 6:30-7:30PM Saturday Night Salvation (O) Capitol Hill Christian Church, 3322 E 25th St, Des Moines, IA, 50317
KNOXVILLE
Sunday 7:30-8:30PM Knoxville Freedom Seekers (D) Methodist Church Annex, 308 E Robinson St, Knoxville, IA, 50138
Tuesday 5-6PM Alive at 5 Riverside Community Center, 120 W Main St, Knoxville, IA, 50138
Thursday 7:30-8:30PM Knoxville Freedom Seekers (BT,D) Methodist Church Annex, 308 E Robinson St, Knoxville, IA, 50138
NEWTON
Tuesday 6:30-8PM Phoenix Rising Jasper County church of Christ, 1813 1st St N, Newton, IA, 50208
Thursday 7-8PM Phoenix Rising (BT,O,BK) Jasper County church of Christ, 1813 1st St N, Newton, IA, 50208

OSCEOLA
Saturday 7-8PM Spiritual Principles United Methodist Church, 130 W Grant St, Osceola, IA, 50213
OSKALOOSA
Monday 7-8PM Monday Madness (O) St. James Episcopal Church, 207 S 3rd St, Oskaloosa, IA, 52577
Tuesday NOON-1PM Brown Baggers (O) St. James Episcopal Church, 207 S 3rd St, Oskaloosa, IA, 52577
Thursday 7-8PM Oskaloosa Miracles (O) St. James Episcopal Church, 207 S 3rd St, Oskaloosa, IA, 52577
Friday 7-8PM Friday Oskaloosa NA (O) St. James Episcopal Church, 207 S 3rd St, Oskaloosa, IA, 52577
PELLA
Wednesday 6-7PM Road to Recovery (O) COC Building, 1554 Broadway St, Pella, IA, 50219
PERRY
Monday 7-8PM No Fear Group (D,O) Perry Alano Club, 1211 Lucinda St, Perry, IA, 50220
Tuesday 7-8PM No Fear Group (O,L) Perry Alano Club, 1211 Lucinda Street, Perry, IA, 50220
Friday NOON-1:30PM Noon NA Art Therapy Room, Main Hospital, SE entrance, 1213 Lucinda St, Perry, IA, 50220
Saturday 7-8PM No Fear Group (D,O) Alano Club, 1211 Lucinda St, Perry, IA, 50220 <i>Speaker meeting 1st Saturday of the month, every other Month</i>
URBANDALE
Friday 7-8PM Westside Recovery (WC) Walnut Hill United Methodist, 12321 Hickman Rd, Urbandale, IA, 50323
WINTERSSET
Sunday 7-8PM Madison County Narcotics Anonymous (JT,WC,NS) Lower level, 103 W Green St, Winterset, IA, 50273

MEETING FORMAT LEGEND			
BT	Basic Text	C	Closed
CL	Candlelight	D	Discussion
JT	Just for Today	O	Open
St	Step	WC	Wheelchair
BK	Book Study	CW	Children Welcome
NS	No Smoking	L	Literature Study
WEB	Online Meeting	VM	Virtual Meeting
TW	Traditions Workshop		
SUGGESTIONS FOR EVERYONE DON'T USE no matter what Ask your Higher Power to keep you clean Come early and stay late Get a home group			

Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

PHONE NUMBERS



SOUTH CENTRAL AREA OF NA (SCANA)

MEETING LIST

October 11, 2026

If you have any doubts about a group's current location or status, please call the helpline or visit the website!

1-800-897-6242

iowa-na.org

Meetings Weekly: 45